



# Elevate Retreat

## Positioning Physicians Underrepresented in GI for Success

Inaugural Session August 25-26, 2023

Understanding and promoting diversity in medicine, specifically in gastroenterology, is essential to ensuring high quality and equitable healthcare for all patients. As diversity in the US population continues to transform, many studies show the important role a diverse medical workforce plays in increasing patient satisfaction and adherence to care.

Despite these benefits, significant disparities exist for physicians from **underrepresented in medicine (URiM)** (per [AAMC definition](#)) and LGBTQ+ backgrounds as it relates to equity and inclusion in the profession in areas of career advancement and career satisfaction. URM physicians continue to remain significantly underrepresented in every area of career advancement including faculty promotion, executive leadership, and scientific research.

ASGE has made it a priority to create opportunities for URiMs to feel embraced, represented, engaged, equipped and empowered to succeed in the field of GI.

ASGE's Elevate Retreat provides a weekend of learning, coaching, and networking for early-career URiM physicians, 1-3 years out of fellowship, to equip them with the foundational tools needed to succeed in the field of GI.

### Participants in the Elevate Retreat will:

- Equip themselves with strategies to help career advancement
- Embrace tools to help balance career and life choices
- Build enduring relationships with colleagues to achieve both professional and personal goals
- Receive coaching to **create opportunities for personal reflection** amid day-to-day issues and to improve the day-to-day satisfaction with your job
- Receive knowledge to improve leadership skills and professional development in the field of gastroenterology
- Empower to advocate and recruit allies for equity, transparency, and inclusion in the workplace for themselves and colleagues

## Program Topics

- Creating Your Path to Career Advancement
- Plot Twist: Navigating the Imposter Phenomena
- Effective Professional Communication/Art of Networking
- Building Your Team: The Power of Mentorship, Sponsorship, Allyship
- Creating Your Leadership Brand: Key Personal Leadership Skills Needed to be Successful in the Workplace
- Five Tips on Transitioning into Leadership
- Dos and Don'ts of Negotiating while Underrepresented in Medicine
- Achieving a Positive State of Mind: Balancing Work Life Integration
- Breakouts: Keys to Success in Academic Medicine, Private Practice, Research, and Industry Careers
- Managing Yourself and Leading Others
- Effective Conflict Resolution in the Workplace
- Navigating Challenges of Diversity in the Workplace

## Nominations and Application Process

Through the nominations process, up to 20 URiMs will be chosen to attend the Elevate Retreat. Candidates are nominated by current ASGE members. Self-nominations are also accepted. ASGE is looking for candidates who want to gain skills and strategies to help them advance their career in gastroenterology. The [nomination form](#) should be used to identify candidates for this program. An individual may nominate more than one candidate however, due to limited openings, a preference should be expressed (if there is one).

## Important Dates

Application Deadline: **5:00 pm CT, Friday, June 2, 2023**

Invitations to Successful Nominees: **June 16, 2023**

2023 Retreat Date: **August 25-26, 2023**

Location: **ASGE IT&T Center, Downers Grove IL**

[\*\*NOMINATE TODAY\*\*](#)

