

# Colorectal Cancer Screening



## Which test should *you* get?

Average risk	Family history	History of colon polyps or cancer
<p>If you've <b>never</b> had colorectal polyps or cancer... Begin screening at age 45</p>	<p>If you have a <b>family history</b> of colon polyps or cancer... Colonoscopy may be recommended at age 40 or younger</p>	<p>If you've <b>ever had</b> colorectal polyps or cancer... Further follow-up is done with colonoscopy</p>
Recommended Tests:	Recommended Tests:	Recommended Tests:
<p><b>Preferred Tests</b></p> <ul style="list-style-type: none"> <li>• Colonoscopy every 10 years</li> <li>• Annual Fecal Immunochemical Test</li> </ul> <p><b>Other Options</b></p> <ul style="list-style-type: none"> <li>• FIT-fecal DNA (Cologuard®) every 3 years</li> <li>• CT colonography every 5 years</li> <li>• Flexible sigmoidoscopy every 5-10 years</li> <li>- Colonoscopy is the <b>best</b> test for finding precancerous polyps</li> <li>- Colonoscopy is the <b>only</b> test that allows for removal of precancerous polyps during the exam</li> <li>- Colonoscopy is the <b>only</b> test recommended at 10 year intervals</li> <li>- When any test other than colonoscopy is used and is positive, a colonoscopy must be performed to follow up</li> </ul>	<p>Colonoscopy is the <b>only</b> test recommended for many individuals with a family history of colon polyps or colon cancer</p> <p>Depending upon the details of your family history, colonoscopy may be recommended beginning at age 40 or younger</p> <p><b>Talk to your doctor about the details of your family history</b></p>	<p>Colonoscopy is the <b>only</b> test established as safe and effective for polyp follow-up</p> <p>Your colonoscopy doctor will recommend how often you should repeat colonoscopy based on:</p> <ul style="list-style-type: none"> <li>• The number and size of your precancerous polyps</li> <li>• The type of precancerous polyps as reported by the pathologist</li> <li>• How your polyps were removed</li> <li>• Or, if you have had colon cancer, the details of your cancer diagnosis and treatment</li> </ul>

For more information, visit [ValueOfColonoscopy.org](http://ValueOfColonoscopy.org)

