## Colorectal Cancer Screening

### Which test should you get?

<table>
<thead>
<tr>
<th>Average risk</th>
<th>Family history</th>
<th>History of colon polyps or cancer</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>If you’ve never had colorectal polyps or cancer...</strong></td>
<td><strong>If you have a family history of colon polyps or cancer...</strong></td>
<td><strong>If you’ve ever had colorectal polyps or cancer...</strong></td>
</tr>
<tr>
<td><strong>Begin screening at age 50</strong></td>
<td><strong>Colonoscopy may be recommended at age 40 or younger</strong></td>
<td><strong>Further follow-up is done with colonoscopy</strong></td>
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<tr>
<td>• Note: Screening is suggested beginning at age 45 for African Americans. Some experts recommend screening beginning at age 45 for all people at average risk.*</td>
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</tbody>
</table>

### Recommended Tests:

**Preferred Tests**
- Colonoscopy every 10 years*
- Annual Fecal Immunochemical Test

**Other Options**
- FIT-fecal DNA (Cologuard®) every 3 years
- CT colonography every 5 years
- Flexible sigmoidoscopy every 5-10 years

*Colonoscopy is the best test for finding precancerous polyps.*
*Colonoscopy is the only test that allows for removal of precancerous polyps during the exam.*
*Colonoscopy is the only test recommended at 10 year intervals.*
*When any test other than colonoscopy is used and is positive, a colonoscopy must be performed to follow up.*

**Colonoscopy is the only test recommended for many individuals with a family history of colon polyps or colon cancer**

Depending upon the details of your family history, colonoscopy may be recommended beginning at age 40 or younger

**Talk to your doctor about the details of your family history**

**Colonoscopy is the only test established as safe and effective for polyp follow-up**

Your colonoscopy doctor will recommend how often you should repeat colonoscopy based on:
- The number and size of your precancerous polyps
- The type of precancerous polyps as reported by the pathologist
- How your polyps were removed
- Or, if you have had colon cancer, the details of your cancer diagnosis and treatment

For more information, visit www.Screen4ColonCancer.org

This information is based on the document: Colorectal cancer screening: Recommendations for physicians and patients from the U.S. Multi-Society Task Force on Colorectal Cancer, July 2017

*The American Cancer Society recommends screening beginning at age 45 for people at average risk for CRC. American Cancer Society Guideline for Colorectal Cancer Screening, May 2018*